Quality of Life Bible Study



Attitude©

compiled by
S.McRae

ATTITUDE
"Quality of Life Series"

LEADER: QUOTE #1
Source ~ http://www.entwagon.com/cgi-bin/quotes/quotes.pl?cat=Attitude

"Ability is what you're capable of doing. Motivation determines what you do. Attitude determines how well you do it." - Lou Holtz, 1937-, American Football Coach

READER: QUOTE #2 (circumstances)
Source ~ http://www.quotationspage.com/subjects/attitude/

"I am still determined to be cheerful and happy, in whatever situation I may be; for I have also learned from experience that the greater part of our happiness or misery depends upon our dispositions, and not upon our circumstances." - Martha Washington (1732 - 1802)

READER: QUOTE #3 (attitude)
Source ~ http://www.entwagon.com/cgi-bin/quotes/quotes.pl?cat=Attitude

"I've always believed that you can think positive just as well as you can think negative." - Sugar Ray Robinson, 1920-1989, American Boxer

READER: QUOTE #4 (attitude)
Source ~ http://www.entwagon.com/cgi-bin/quotes/quotes.pl?cat=Attitude

"Your attitude determines your altitude." - Source unknown

READER: QUOTE #5 health)
Source ~ http://www.quotationspage.com/subjects/attitude/

"A strong positive mental attitude will create more miracles than any wonder drug. " - Patricia Neal, Actress & stroke victim

READER: "The Anatomy of an Illness": As Perceived by the Patient (health) Today in the Word, MBI
Source ~ http://www.christianglobe.com/Illustrations/theDetails.asp?whichOne=a&whichFile=attitude

In, Norman Cousins tells of being hospitalized with a rare, crippling disease. When he was diagnosed as incurable, Cousins checked out of the hospital. Aware of the harmful effects that negative emotions can have on the body, Cousins reasoned the reverse was true. So he borrowed a movie projector and prescribed his own treatment, consisting of Marx Brothers films and old "Candid Camera" reruns. It didn't take long for him to discover that 10 minutes of laughter provided two hours of pain free sleep. Amazingly, his debilitating disease was eventually reversed. After the account of his victory appeared in the New England Journal of Medicine, Cousins received more than 3000 letters from appreciative physicians throughout the world.

LEADER: "Positive Thinking" (Excerpt) Pastor Ron ron@pastornet.net.au
Source ~ http://www.sermonillustrator.org/illustrator/sermon2c/positive_thinking.htm

I read of an old man of eighty-seven who was killed in an accident. The autopsy revealed that he had been suffering from several diseases, any one of which could have killed him many years previously. His widow was asked the secret of his long life. She replied simply: 'I don't really know; except that, every night before he went to sleep, he said, "I'll be better tomorrow". That man displayed a positive attitude to life. A lady here in my home state of Tasmania who died earlier this year at the age of 94 left a substantial portion of her estate to a local charity. She had suffered from a debilitating disease and dementia for many years yet always made light of her difficulties. Her favorite remark was "maybe I'll improve with age."

These two examples point to the fact that positive thinking can have a marked effect on our lives. Of all the Apostles, Paul experienced hardships that would have deterred a lesser man. Yet in his witness to others and in his own life he displayed a positive attitude. He urged the church at Corinth not to receive God's grace in vain for this was the time of God's favor and of salvation. His letters to the Ephesians, Colossians, Philippians and Philemon, all written in captivity, are examples of profound and positive teaching at a time of great personal adversity. David went through a difficult period when King Saul, jealous of David's popularity, made several attempts to kill him. Yet David remained positive and refused to harm the king, relying on God to save him from all his enemies. Psalm 18 is David's wonderful song of praise and thanksgiving that concludes in verse 50 with one of the most positive statements in the Bible.

Psalm 18:50: *"He gives great deliverance to His king, And shows lovingkindness to His anointed, To David and his descendants forever."*

LEADER: Does the Lord's lovingkindness effect your reaction to your circumstances?

READER: QUOTE #6 (circumstances)
Source ~ http://www.entwagon.com/cgi-bin/quotes/quotes.pl?cat=Attitude

"Keep your face to the sunshine and you cannot see the shadow." - Helen Keller, 1880-1968, American Blind/ Deaf Author, Lecturer, Amorist

READER: QUOTE #7 (circumstances/health)
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"There are two big forces at work, external and internal. We have very little control over external forces such as tornadoes, earthquakes, floods, disasters, illness and pain. What really matters is the internal force. How do I respond to those disasters? Over that I have complete control." - Leo Buscaglia, American Expert on Love, Lecturer, Author

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"Your living is determined not so much by what life brings to you as by the attitude you bring to life; not so much by what happens to you as by the way your mind looks at what happens." - John Homer Miller

READER: Matthew 6:33

But seek first his kingdom and his righteousness, and all these things will be given to you as well.

READER: QUOTE #9 (circumstances)
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"It's not what happens to you, but how you react to it that matters." - Epictetus. 50-120, Stoic Philosopher

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"Everything can be taken from a man but one thing: To choose one's attitude in any given set of circumstances, to choose one's way. " - Viktor Frankl, concentration camp survivor.

READER: Philippians 2:12-18

Therefore, my dear friends, as you have always obeyed--not only in my presence, but now much more in my absence--continue to work out your salvation with fear and trembling, for it is God who works in you to will and to act according to his good purpose. Do everything without complaining or arguing, so that you may become blameless and pure, children of God without fault in a crooked and depraved generation, in which you shine like stars in the universe as you hold out the word of life--in order that I may boast on the day of Christ that I did not run or labor for nothing. But even if I am being poured out like a drink offering on the

sacrifice and service coming from your faith, I am glad and rejoice with all of you. So you too should be glad and rejoice with me.

READER: "Transformation in an Elevator"
Source ~ http://www.sermonillustrator.org/illustrator/sermon2d/transformation_in_an_elevator.htm

In the days before self-operating elevators, there was a lady who was an elevator operator in a large university in Japan. She could think of no more monotonous work than operating an elevator all day long. She was miserable and grumbled every time someone spoke to her.

One day it occurred to her that she could influence young students to a brighter way of seeing life. But to do that she will have to change her own attitude towards life!

The next day she started with a smile on her face. It was extremely difficult for her, but by sheer will power she was determined to cheer up whoever rode in her elevator.

As the years went by, people sought her advice more and more. Many were helped by her bright attitude and her optimistic view of life. She became a "Solver of Problems!".

When she finally died, a few thousand people attended her funeral. She gained her fame because she changed her attitude about life and desired the bright side to life for her and for those with whom she came in contact.

The Bible encourages us to change our mental and spiritual attitude because it dictates our lifestyle.

READER: 1 Thessalonians 5:15

Make sure that nobody pays back wrong for wrong, but always try to be kind to each other and to everyone else.

READER: QUOTE #14 (relationships)
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"Good nature is more agreeable in conversation than wit and gives a certain air to the countenance which is more amiable than beauty." - Joseph Addison, 1672-1719, British Essayist, Poet, Statesman

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"Whenever you're in conflict with someone, there is one factor that can make the difference between damaging your relationship and deepening it. That factor is attitude" - Timothy Bentley, Canadian Family Therapist

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'We awaken in others the same attitude of mind we hold toward them." - Elbert Hubbard, 1859-1915, American Author, Publisher

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"It is not the position, but the disposition." - J. E. Dinger, health professional

READER: QUOTE #18 (relationships)
Source ~ http://www.entwagon.com/cgi-bin/quotes/quotes.pl?cat=Attitude

"If you wish to travel far and fast, travel light. Take off all your envies, jealousies, unforgiveness, selfishness and fears." - Glenn Clark

READER: "Winners and Losers" By Denis Waitley (success)
Source ~ http://www.bible.org/illus/p-q/p-q-67.htm#TopOfPage

The winner glories in the good; the whiner majors in the mediocre. Winners' thinking processes differ from other people's. As part of their normal, moment-to-moment stream of consciousness, winners think

constantly in terms of I can and I will. Losers concentrate their waking thoughts on…what they should have done … would have done … what they can't do. When the mind's self-talk is positive, performance is more likely to be successful.

The huge majority of our negative doubts and fears are imaginary or beyond our control.

READER: QUOTE # 19 (success)
Source ~ http://www.entwagon.com/cgi-bin/quotes/quotes.pl?cat=Attitude

"Nothing can stop the man with the right mental attitude from achieving his goal; nothing on earth can help the man with the wrong mental attitude." - Thomas Jefferson, 1743-1826, Third President of the USA

READER: QUOTE # 20 (success)
Source ~ http://www.entwagon.com/cgi-bin/quotes/quotes.pl?cat=Attitude

"We would accomplish many more things if we did not think of them as impossible." - Chretien Malesherbes, 1721-1794, French Statesman

READER: QUOTE #21 (success)
Source ~ http://www.entwagon.com/cgi-bin/quotes/quotes.pl?cat=Attitude

"Nothing will work unless you do." - John Wooden, 1910-, American Basketball Coach

READER: QUOTE #22 (work)
Source ~ http://www.entwagon.com/cgi-bin/quotes/quotes.pl?cat=Attitude

"There are no menial jobs, only menial attitudes." - William John Bennett, 1943-, American Federal Official

READER: QUOTE #23 (work)
Source ~ http://www.entwagon.com/cgi-bin/quotes/quotes.pl?cat=Attitude

"It's easy to let life deteriorate into making a living instead of making a life. It's not the hours you put in, but what you out into the hours that count." - Jim Rohn, American Businessman, Author, Speaker, Philosopher

READER: QUOTE #24 (success)
Source ~ http://www.entwagon.com/cgi-bin/quotes/quotes.pl?cat=Attitude

"Nothing in life is so hard that you can't make it easier by the way you take it." - Ellen Glasgow, 1874-1945, American Novelist

READER: QUOTE #25 (success)
Source ~ http://www.entwagon.com/cgi-bin/quotes/quotes.pl?cat=Attitude

"It is our attitude at the beginning of a difficult task which, more than anything else, will affect its successful outcome." - William James, 1842-1910, American Psychologist, Professor, Author

READER: "Think You Can" (success) Plaque on the wall of Golfer Arnold Palmer's office
Source ~ http://www.bible.org/illus/p-q/p-q-67.htm#TopOfPage

If you think you are beaten, you are.
If you think you dare not, you don't.
If you'd like to win but think you can't,
It's almost certain you won't.

Life's battles don't always go
To the stronger or faster man,
But sooner or later, the man who wins
Is the man who thinks he can.

READER: QUOTE # 26 (success)
Source ~ http://www.wisdomquotes.com/cat_attitude.html

"When one door of happiness closes, another opens; but often we look so long at the closed door that we do not see the one which has been opened for us." - Helen Keller, 1880-1968, American Blind/Deaf Author, Lecturer, Amorist

READER: QUOTE # 27 (success)
Source ~ http://www.wisdomquotes.com/cat_attitude.html

“If you think you can, you can. And if you think you can’t, you’re right.” - Henry Ford 1863-1947 Inventor, Philanthropist

READER: QUOTE #28 (competition)
Source ~ http://www.entwagon.com/cgi-bin/quotes/quotes.pl?cat=Attitude

“Win as if you were used to it, lose as if you enjoyed it for a change.” - Golnik Eric

READER: QUOTE #29 (competition)
Source ~ http://www.entwagon.com/cgi-bin/quotes/quotes.pl?cat=Attitude

“If you can react the same way to winning and losing, that’s a big accomplishment. That quality is important because it stays with you the rest of your life, and there’s going to be a life after tennis that’s a lot longer than your tennis life.” - Chris Evert. 1954-, American Tennis Champion

READER: QUOTE #30 (challenges/life)
Source ~ http://www.entwagon.com/cgi-bin/quotes/quotes.pl?cat=Attitude

“If you have a positive attitude and constantly strive to give your best effort, eventually you will overcome your immediate problems and find you are ready for greater challenges.” - Pat Riley, 1945, American Basketball Coach

READER: QUOTE # 31 (life)
Source ~ http://www.entwagon.com/cgi-bin/quotes/quotes.pl?cat=Attitude

“There are only 3 colors, 10 digits, and 7 notes; its what we do with them that’s important.” - Ruth Ross, Author

READER: QUOTE # 32 (life)
Source ~ http://www.entwagon.com/cgi-bin/quotes/quotes.pl?cat=Attitude

“You are more likely to act yourself into feelings, than feel yourself into action.” - Dr. Jerome Brunner, Child Psychologist

READER: QUOTE # 33 (life)
Source ~ http://www.entwagon.com/cgi-bin/quotes/quotes.pl?cat=Attitude

“Our attitude toward life determines life’s attitude towards us.” - Earl Nightingale, 1921-1989, American Radio Announcer/Author/Speaker

READER: QUOTE #34 (attitude/life)
Source ~ http://www.entwagon.com/cgi-bin/quotes/quotes.pl?cat=Attitude

“Don’t be against things so much as for things.” - Colonel Harland Sanders, 1890-1980, Founder of Kentucky Fried Chicken

READER: QUOTE # 35 (life)
Source ~ http://www.entwagon.com/cgi-bin/quotes/quotes.pl?cat=Attitude

“We don’t see things as they are, we see things as we are.” - Anais Nin, 1914-1977, French-born American Novelist, Dancer

READER: QUOTE #36 (life)
Source ~ http://www.entwagon.com/cgi-bin/quotes/quotes.pl?cat=Attitude

“Life is 10 percent what you make it and 90 percent how you take it.” - Irving Berlin, 1888-1989, Russian Composer

READER: QUOTE #37 (life)
Source ~ http://www.christianglobe.com/Illustrations/theDetails.asp?whichOne=a&whichFile=attitude

“Both the hummingbird and the vulture fly over our nation’s deserts. All vultures see is rotting meat, because

that is what they look for. They thrive on that diet. But hummingbirds ignore the smelly flesh of dead animals. Instead, they look for the colorful blossoms of desert plants. The vultures live on what was. They live on the past. They fill themselves with what is dead and gone. But hummingbirds live on what is. They seek new life. They fill themselves with freshness and life. Each bird finds what it is looking for. We all do." - Steve Goodier, Quote Magazine, in Reader's Digest, May, 1990.

READER: QUOTE # 38 (life)
Source ~ http://www.entwagon.com/cgi-bin/quotes/quotes.pl?cat=Attitude

"To different minds, the same world is a hell, and a heaven" - Ralph Waldo Emerson. 1803-1882, American Poet, Essayist

READER: QUOTE # 39 (life)
Source ~ http://www.entwagon.com/cgi-bin/quotes/quotes.pl?cat=Attitude

"Certain thoughts are prayers. There are moments when, whatever be the attitude of the body, the soul is on its knees," - Victor Hugo, 1802-1885, French Poet, Dramatist, Novelist

READER: QUOTE # 40 (life)
Source ~ http://www.entwagon.com/cgi-bin/quotes/quotes.pl?cat=Attitude

"Develop an attitude of gratitude, and give thanks for everything that happens to you, knowing that every step forward is a step toward achieving something bigger and better than your current situation." - Brian Tracy, American Trainer, Speaker, Author, Businessman

LEADER: You say: "It's impossible"

READER: Luke 18:27

But He said, "The things that are impossible with people are possible with God."

LEADER: God says: All things are possible

LEADER: You say: "I'm too tired"

READER: Matthew 11:28-30

"Come to Me, all who are weary and heavy-laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and humble in heart, andYOU WILL FIND REST FOR YOUR SOULS. For My yoke is easy and My burden is light."

LEADER: God says: I will give you rest

LEADER: You say: "Nobody really loves me"

READER: John 3:16

"For God so loved the world, that He gave His only begotten Son, that whoever believes in Him shall not perish, but have eternal life."

LEADER: God says: I love you

LEADER: You say: "I can't go on"

READER: II Corinthians 12:9

And He has said to me, "My grace is sufficient for you, for power is perfected in weakness." Most gladly, therefore, I will rather boast about my weaknesses, so that the power of Christ may dwell in me.

LEADER: God says: My grace is sufficient

LEADER: You say: "I can't figure things out"

READER: Proverbs 3:5-6

Trust in the LORD with all your heart And do not lean on your own understanding. In all your ways acknowledge Him, And He will make your paths straight.

LEADER: God says: I will direct your steps

LEADER: You say: "I can't do it"

READER: Philippians 4:13

I can do all things through Him who strengthens me.

LEADER: God says: You can do all things

LEADER: You say: "I'm not able"

READER: II Corinthians 9:8

And God is able to make all grace abound to you, so that always having all sufficiency in everything, you may have an abundance for every good deed;

LEADER: God says: I am able

LEADER: You say: "It's not worth it"

READER: Roman 8:28

And we know that God causes all things to work together for good to those who love God, to those who are called according to His purpose.

LEADER: God says: It will be worth it

LEADER: You say: "I can't forgive myself"

READER: I John 1:9

If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness.

LEADER: God says: I Forgive you

LEADER: You say: "I can't manage"

READER: Philippians 4:19

And my God will supply all your needs according to His riches in glory in Christ Jesus.

LEADER: God says: I will supply all your needs

LEADER: You say: "I'm afraid"

READER: II Timothy 1:7

For God has not given us a spirit of timidity, but of power and love and discipline.

LEADER: God says: I have not given you a spirit of fear

LEADER: You say: "I'm always worried and frustrated"

READER: I Peter 5:7

casting all your anxiety on Him, because He cares for you.

LEADER: God says: Cast all your cares on ME

LEADER: You say: "I don't have enough faith"

READER: Romans 12:3

For through the grace given to me I say to everyone among you not to think more highly of himself than he ought to think; but to think so as to have sound judgment, as God has allotted to each a measure of faith.

LEADER: God says: I've given everyone a measure of faith

LEADER: You say: "I'm not smart enough"

READER: 1 Corinthians 1:30

But by His doing you are in Christ Jesus, who became to us wisdom from God, and righteousness and sanctification, and redemption,

LEADER: God says: I give you wisdom

LEADER: You say: "I feel all alone"

READER: Hebrews 13:5

Make sure that your character is free from the love of money, being content with what you have; for He Himself has said, " I WILL NEVER DESERT YOU, NOR WILL I EVER FORSAKE YOU,"

LEADER: God says: I will never leave you or forsake you

LEADER: You say: "Thank you, Lord."

LEADER: Believe God is there just for you!

How's your attitude now?

READER: QUOTE # 41 (life)
Source ~ http://www.entwagon.com/cgi-bin/quotes/quotes.pl?cat=Attitude

"You've got to sing like you don't need the money. You've got to love like you'll never get hurt. You've got to dance like there's nobody watching. You've got to come from the heart, if you want it to work." - Susanna Clark

READER: Philippians 2:1-8 Be Like Christ

Therefore if there is any encouragement in Christ, if there is any consolation of love, if there is any fellowship of the Spirit, if any affection and compassion, make my joy complete by being of the same mind, maintaining the same love, united in spirit, intent on one purpose.

Do nothing from selfishness or empty conceit, but with humility of mind regard one another as more important than yourselves; do not merely look out for your own personal interests, but also for the interests of others.

Have this attitude in yourselves which was also in Christ Jesus, who, although He existed in the form of God, did not regard equality with God a thing to be grasped, but emptied Himself, taking the form of a bond-servant, and being made in the likeness of men. Being found in appearance as a man, He humbled Himself by becoming obedient to the point of death, even death on a cross.

LEADER: QUOTE # 42 (life)
Source ~ http://www.entwagon.com/cgi-bin/quotes/quotes.pl?cat=Attitude

"I believe the single most significant decision I can make on a day-to-day basis is my choice of attitude. It is more important than my past, my education, my bankroll, my successes or failures, fame or pain, what other people think of me or say about me, my circumstances, or my position. Attitude keeps me going or cripples my progress. It alone fuels my fire or assaults my hope. When my attitudes are right, there is no barrier too high, no valley too deep, no dream too extreme, no challenge too great." - Charles Swindoll, American Pastor, Author

LEADER: DAILY 2 MINUTE ATTITUDE DRILL:
Source ~ http://www.entwagon.com/cgi-bin/quotes/quotes.pl?cat=Attitude

• TO EVERYONE: You can trust me. I'm committed to excellence. I care about you as a person.
• EVERY DAY: Do good. Do your best. Treat others as you would be treated.
• FOR TODAY: Nothing negative will escape my lips.
• A healthy attitude is contagious but don't wait to catch it from others. Be a carrier.

COMMENTS IF TIME:

STOP AT 10 PRIOR TO CLOSING FOR PRAYER REQUESTS AND PRAISES:

COPY AND DISTRIBUTE THE FOLLOWING PAGES FOR YOUR READERS

READERS

QUOTE #2 (circumstances)

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In, Norman Cousins tells of being hospitalized with a rare, crippling disease. When he was diagnosed as incurable, Cousins checked out of the hospital. Aware of the harmful effects that negative emotions can have on the body, Cousins reasoned the reverse was true. So he borrowed a movie projector and prescribed his own treatment, consisting of Marx Brothers films and old "Candid Camera" reruns. It didn't take long for him to discover that 10 minutes of laughter provided two hours of pain free sleep. Amazingly, his debilitating disease was eventually reversed. After the account of his victory appeared in the New England Journal of Medicine, Cousins received more than 3000 letters from appreciative physicians throughout the world.

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Philippians 2:12-18

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QUOTE #18 (relationships)

"If you wish to travel far and fast, travel light. Take off all your envies, jealousies, unforgiveness, selfishness and fears." - Glenn Clark

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"Winners and Losers" By Denis Waitley (success)

The winner glories in the good; the whiner majors in the mediocre. Winners' thinking processes differ from other people's. As part of their normal, moment-to-moment stream of consciousness, winners think constantly in terms of I can and I will. Losers concentrate their waking thoughts on…what they should have done … would have done … what they can't do. When the mind's self-talk is positive, performance is more likely to be successful.

The huge majority of our negative doubts and fears are imaginary or beyond our control.

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QUOTE # 19 (success)

"Nothing can stop the man with the right mental attitude from achieving his goal; nothing on earth can help the man with the wrong mental attitude." - Thomas Jefferson, 1743-1826, Third President of the USA

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QUOTE # 20 (success)

"We would accomplish many more things if we did not think of them as impossible." - Chretien Malesherbes, 1721-1794, French Statesman

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QUOTE #21 (success)

"Nothing will work unless you do." - John Wooden, 1910-, American Basketball Coach

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QUOTE #22 (work)

"There are no menial jobs, only menial attitudes." - William John Bennett, 1943-, American Federal Official

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QUOTE #23 (work)

"It's easy to let life deteriorate into making a living instead of making a life. It's not the hours you put in, but what you out into the hours that count." - Jim Rohn, American Businessman, Author, Speaker, Philosopher

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QUOTE #24 (success)

"Nothing in life is so hard that you can't make it easier by the way you take it." - Ellen Glasgow, 1874-1945, American Novelist

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QUOTE #25 (success)

"It is our attitude at the beginning of a difficult task which, more than anything else, will affect its successful outcome." - William James, 1842-1910, American Psychologist, Professor, Author

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"Think You Can" (success) Plaque on the wall of Golfer Arnold Palmer's office

If you think you are beaten, you are.
If you think you dare not, you don't.
If you'd like to win but think you can't,
It's almost certain you won't.

Life's battles don't always go
To the stronger or faster man,
But sooner or later, the man who wins
Is the man who thinks he can.

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QUOTE # 26 (success)

"When one door of happiness closes, another opens; but often we look so long at the closed door that we do not see the one which has been opened for us." - Helen Keller, 1880-1968, American Blind/Deaf Author, Lecturer, Amorist

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QUOTE # 27 (success)

"If you think you can, you can. And if you think you can't, you're right." - Henry Ford 1863-1947 Inventor, Philanthropist

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QUOTE #28 (competition)

"Win as if you were used to it, lose as if you enjoyed it for a change." - Golnik Eric

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QUOTE #29 (competition)

"If you can react the same way to winning and losing, that's a big accomplishment. That quality is important because it stays with you the rest of your life, and there's going to be a life after tennis that's a lot longer than your tennis life." - Chris Evert. 1954-, American Tennis Champion

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QUOTE #30 (challenges/life)

"If you have a positive attitude and constantly strive to give your best effort, eventually you will overcome your immediate problems and find you are ready for greater challenges." - Pat Riley, 1945, American Basketball Coach

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QUOTE # 31 (life)

"There are only 3 colors, 10 digits, and 7 notes; its what we do with them that's important." - Ruth Ross, Author

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QUOTE # 32 (life)

"You are more likely to act yourself into feelings, than feel yourself into action." - Dr. Jerome Brunner, Child Psychologist

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QUOTE # 33 (life)

"Our attitude toward life determines life's attitude towards us." - Earl Nightingale, 1921-1989, American Radio Announcer/Author/Speaker

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QUOTE #34 (attitude/life)

"Don't be against things so much as for things." - Colonel Harland Sanders, 1890-1980, Founder of Kentucky Fried Chicken

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QUOTE # 35 (life)

"We don't see things as they are, we see things as we are." - Anais Nin, 1914-1977, French-born American Novelist, Dancer

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QUOTE #36 (life)

"Life is 10 percent what you make it and 90 percent how you take it." - Irving Berlin, 1888-1989, Russian Composer

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QUOTE #37 (life)

"Both the hummingbird and the vulture fly over our nation's deserts. All vultures see is rotting meat, because that is what they look for. They thrive on that diet. But hummingbirds ignore the smelly flesh of dead animals. Instead, they look for the colorful blossoms of desert plants. The vultures live on what was. They live on the past. They fill themselves with what is dead and gone. But hummingbirds live on what is. They seek new life. They fill themselves with freshness and life. Each bird finds what it is looking for. We all do." - Steve Goodier, Quote Magazine, in Reader's Digest, May, 1990.

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QUOTE # 38 (life)

"To different minds, the same world is a hell, and a heaven" - Ralph Waldo Emerson. 1803-1882, American Poet, Essayist

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QUOTE # 39 (life)

"Certain thoughts are prayers. There are moments when, whatever be the attitude of the body, the soul is on its knees," - Victor Hugo, 1802-1885, French Poet, Dramatist, Novelist

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QUOTE # 40 (life)

"Develop an attitude of gratitude, and give thanks for everything that happens to you, knowing that every step forward is a step toward achieving something bigger and better than your current situation." - Brian Tracy, American Trainer, Speaker, Author, Businessman

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Luke 18:27

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Matthew 11:28-30

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John 3:16

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II Corinthians 12:9

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Proverbs 3:5-6

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Philippians 4:13

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II Corinthians 9:8

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Roman 8:28

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I John 1:9

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Philippians 4:19

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II Timothy 1:7

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I Peter 5:7

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Romans 12:3

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1 Corinthians 1:30

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Hebrews 13:5

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QUOTE # 41 (life)

"You've got to sing like you don't need the money. You've got to love like you'll never get hurt. You've got to dance like there's nobody watching. You've got to come from the heart, if you want it to work." - Susanna Clark

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Philippians 2:1-8

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